2026 Pharmacy Pearls for Prescribers – Osteoporosis

10/20/2026 to 10/20/2028

Enduring Material

Purpose:

Pharmacy Pearls for Prescribers: Osteoporosis provides evidence-based education on osteoporosis screening, treatment, monitoring, and medication management. Participants will explore current guideline recommendations, pharmacologic and non-pharmacologic treatment options, medication cost and coverage considerations, and opportunities for interprofessional collaboration to improve patient outcomes and reduce fracture risk.

Objectives:

1 Identify recommendations for treatment initiation for osteoporosis
2 Review what to consider if your patient with osteoporosis cannot use an oral agent
3 Discuss considerations for bisphosphonate drug holidays.
4 Define when and how to use DXA scans for monitoring treatment in osteoporosis
5 Describe how a multidisciplinary collaboration can contribute to continuous and reliable patient care

Target Audience:

Physician, Nurse - RN, Pharmacist, Pharmacy Technician, Nurse - Nurse Practitioner, Physician Assistant, Nurse -LPN/LVN

For successful completion:

- Read Pearl
- Complete pre and post-test
- Complete evaluation

Accreditation & Credit Designation:

Accreditation

JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Avera is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Continuing Education Credit Designation(s)

IPCE CREDIT™

IPCE (Team-based): This activity was planned by and for the healthcare team, and learners will receive 1.00 IPCE credit(s) for learning and change.

Medicine CME: Avera designates this live activity for a maximum of 1.00 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CME FOR ABS CC Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn credit toward the CME of the American Board of Surgery's Continuous Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABS credit.

Nurse CE: Avera designates this activity for a maximum of 1.00 ANCC contact hour(s). Nurses should claim only the credit commensurate with the extent of their participation in the activity.

Nursing Pharmacotherapeutic
This activity has been approved for 1.00 pharmacotherapeutic credit(s).

Pharmacy CE: Avera designates this activity for 1.0 ACPE contact hour(s). ACPE Universal Activity Number (UAN): JA0008079-0000-26-030-H01-P /JA0008079-0000-26-030-H01-T. Pharmacists and pharmacy technicians should claim only the credit commensurate with the extent of their participation in the activity. Credit will be uploaded to the NABP CPE Monitor within 30 days after the activity completion. Per ACPE rules, Avera does not have access nor the ability to upload credits requested after the evaluation closes. It is the responsibility of the pharmacist or pharmacy technician to provide the correct information (NABP ID and DOB (MMDD) to receive credit.

Additional Information:

Feedback person for this educational activity is:
Enduring Material available from 10/20/2026 to 10/20/2028

- This course content was reviewed on 10/16/2026

Disclosure Policy:

Due to the regulations required for CE credits, all conflicts of interest that persons in a position to control or influence the education must be fully disclosed to participants. In observance of this requirement, we are providing the following disclosure information: all relevant financial relationships disclosed below have been mitigated.

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Kelly Boyd, MSN	Lead Planner	Nothing to disclose
Breanna Brungardt, PharmD, Pharmacist	Committee Planning Member	Nothing to disclose
Christine M. Burg, PharmD, Pharmacist	Committee Planning Member	Nothing to disclose
Rachelle Davis, Pharm, Pharmacist	Content Expert - Committee Member	Nothing to disclose
Allison 4472 Hein 4972, PharmD	Committee Planning Member	Nothing to disclose
Patrick Huska, PharmD	Committee Planning Member	Nothing to disclose
Rebecca Moore, PharmD	Committee Planning Member	Nothing to disclose
Donald Odens, MD	Committee Planning Member	Nothing to disclose
Denise Page, BS	Committee Planning Member	Nothing to disclose
Amy Ross, Pharm, Pharmacist	Committee Planning Member	Nothing to disclose
Chad Thury, DO	Lead Planner	Nothing to disclose
Marah Van Diest, MD	Committee Planning Member	Nothing to disclose
Emily Van Klompenburg, PharmD	Content Expert - Committee Member, Lead Planner	Nothing to disclose
Beau (6042) VanOverschelde, PharmD	Committee Planning Member	Nothing to disclose